

Practice Label Here

On behalf of our staff and clinicians, we're honored you're sharing your health journey with us.

We know that although excessive, uncontrollable sweating (hyperhidrosis) is part of daily life for many people, it's too often dismissed or undertreated. But, we assure you that we will take your hyperhidrosis and the impact that it has on your life seriously.

First, we would like to familiarize you with our care model. With each patient, we evaluate the history and root cause of your excessive sweating, make a diagnosis (as best we can) and, collaboratively, map a clinical path forward. There is no one-size-fits-all with hyperhidrosis and shared decision-making helps hone our approach in the safest and most effective way possible. We believe in a multidisciplinary course with the goal of reducing or eliminating your hyperhidrosis burden so you can live without the overwhelming functional, emotional, financial, and physical impacts hyperhidrosis can cause.

To help us accomplish this, we are registered with the International Hyperhidrosis Society and are engaged with them so as to continually stay abreast of the latest research, innovations and best practices in the field. We offer many treatment options including, but not limited to, over-the-counter and prescription topical treatments, injections, iontophoresis, in-office procedures, oral medications, local surgeries, and customized combinations of these treatments. Surgery will be discussed only when non-operative care cannot achieve necessary results. We do all this with the hope of maximizing your hyperhidrosis relief, physical functioning, self-confidence and quality of life.

Enclosed you will find a **Hyperhidrosis History Questionnaire**. Please complete it prior to your appointment to help us better understand your situation. One of the most important ways to reduce the stigma associated with hyperhidrosis is to be fully informed and to advocate for yourself and others. The International Hyperhidrosis Society (IHHS) can help and provides free, comprehensive information while also being engaged in research, education, advocacy and global awareness-building efforts. You can visit their website at www.SweatHelp.org and **subscribe to their news blog** today. While at SweatHelp.org, we recommend you also check out their excellent and empathetic **videos** and **podcasts** featuring hyperhidrosis trailblazers – fellow sufferers and leading clinicians, alike. We believe the information and support you'll find through IHHS will be inspiring and empowering. And it's just the beginning.

We look forward to seeing you at your upcoming appointment. You can expect us to listen and validate your specific concerns. We will offer you our expert advice and work with you to develop a customized regimen with the goal of meeting your needs, reducing hyperhidrosis' impacts and improving your quality of life. Everything we do is designed with your health and safety in mind and we strive to treat you with respect, kindness and compassion.

You are welcome here, and we're glad you're here.