Is Excessive Sweating Focal or Generalized?

Focal

Are there signs and symptoms of:
• Neurologic injury/disease
• Dermatologic syndromes
• Gustatory sweating

No

Are there signs and symptoms of:
• Infection (acute or chronic)
• Neoplasia
• Metabolic/endocrine disease (diabetes, thyroid, pheochromocytoma, carcinoid)
• High catecholamine state (respiratory failure, heart disease, pain, drug/ETOH withdrawal)
• Drug therapy (propanolol, antidepressants, pilocarpine, physostigmine)
• Neurologic disease (dysautonomia, diencephalic epilepsy, hypothalamic lesion, structural brain abnormality)

Yes

Is the sweating pattern focal (1 or 1+: palmar, plantar, axillary, craniofacial, groin, buttocks, or other)?

Are there signs and symptoms of:
• Raynaud’s disease
• Erythromelalgia
• AV fistula
• Cold injury
• Rheumatoid arthritis
• Nail-patella syndrome
• Pachyonychia congenita
• Pachydermoperiostosis

No

Onset in childhood or adolescence?
• Family history?
• Excessive sweating mainly bilateral involving palms, soles, axillae and/or other focal areas?
• No sweating during sleep?
• Otherwise healthy?

Further workup

Yes

Consider medications that may cause sweating as a side effect and adjust dosages/prescriptions appropriately. Consider other underlying medical conditions that may cause sweating and treat appropriately.

No

Diagnosis: Primary hyperhidrosis

Updated 6/14/18