# Primary Palmar Hyperhidrosis

Good response: repeat p.r.n. and train patient on home-use

Tap water iontophoresis. Pay special attention to correct technique and patient education /training.

No response or patient requests

Topical antiperspirant therapy (aluminum and/or zirconium salts). Pay special attention to correct application time/technique and education re. avoiding side effects.

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Botulinum toxin type A injections

No response after repeated attempts and appropriate adjustments in technique/area covered

Consider systemic meds:
1. Anticholinergics (propantheline, oxybutynin, glycopyrronium, benztropine) 2. Benzodiazepines (short course, as needed)
3. Diltiazem 4. Clonidine 5. Others

No response and in carefully selected and educated patients who fully understand the risks of complications including compensatory sweating.

ETS

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