

# Primary Axillary Hyperhidrosis

Symptoms occur in particular anxiety-provoking situations and patient requires treatment only prior to specific event (i.e. work presentation, wedding, performance).

Yes

Consider systemic meds:

1. Anticholinergics (propranolol, oxybutynin, glycopyrronium, benztropine)
2. Benzodiazepines (short course, as needed)
3. Diltiazem
4. Clonidine
5. Others

No

Good response: repeat p.r.n.

Topical antiperspirant therapy (aluminum and/or zirconium salts). Pay special attention to correct application time/technique and education re. avoiding side effects.

No response or patient requests

Botulinum toxin type A injections

Good response: repeat p.r.n.

No response after repeated attempts and appropriate adjustments in technique have been tried, and in carefully selected patients who fully understand the risks of complications, varied rates of efficacy, and scarring.

Local sweat gland excision (curettage, liposuction, or skin and subcutaneous en bloc excision)