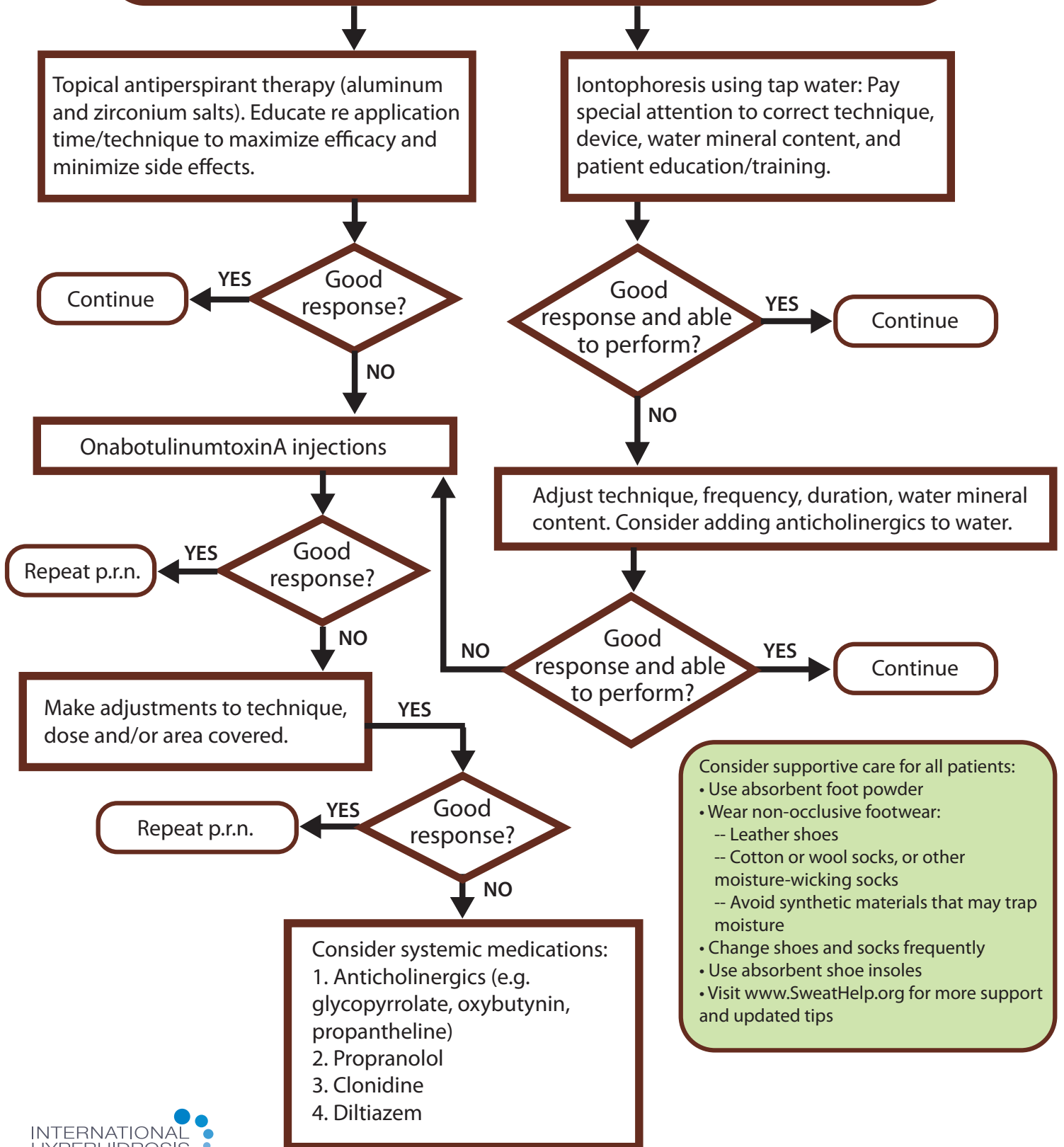


# Primary Plantar Hyperhidrosis



Consider supportive care for all patients:

- Use absorbent foot powder
- Wear non-occlusive footwear:
  - Leather shoes
  - Cotton or wool socks, or other moisture-wicking socks
  - Avoid synthetic materials that may trap moisture
- Change shoes and socks frequently
- Use absorbent shoe insoles
- Visit [www.SweatHelp.org](http://www.SweatHelp.org) for more support and updated tips

To maximize efficacy and minimize side effects, consider combination therapy adjusted to patient needs and disease presentation.